# THE CASTUE

issue 4 December 2021

## EARTEATURE OF TEACHERS

sister and brother

Interview: Miroslav Sekera

WE ARE E-TWINNING

UNUSUAL ANIMALS

SOUD CARE
\*\*\*\*
BOOK REVIEW

Personality Types

WEITHNACHTEN IN TSCHECHIEN US: WEITHNACHTEN IN DEUTSCHLAND



Communication Problems

DAILY DOSE OF

INTERNE USE

You've got mail

from the next school

Help as a volunteer?

#### **CONTENTS**

**Contents Page** 

- 1 Longing for Christmas Hatice Güngör
- 2-3 Internet use Tomáš Nohynek & Jan Tomek
- 4 Fashion Antonie Šolčová & Klára Kvačková
- 5 How to draw mushrooms Emma Filipi
- 6 Squid game- Ester Bokorovicsová
- 7 Sister and Brother Adéla Pilařová & Štěpán Pilař
- 8 Book Review The Bloodline System Lukáš Rais
- 9 Interview with Miroslav Sekera Michal Sekera
- 10 How can we help the healthcare workers as a volunteer? Andrej Kopčan
- 11 12 Different Personality Types E. Bokorovicsová, L.Benedová, E. Filipi
- 13 Caricature of Teachers Ema Kopecká
- 14 Unusual Animals: Tardigrade- Ema Kopecká
- 15 Communication Problems P. Nowak, M. Češka, T.Vnouček
- 16 Fashion and Pollution A. Kouřímský, V. Zdražil
- 17 18 Weihnachten in Tschechien vs. Weihnachten in Deutschland K. Hlošková
- 19 20 Merry Christmas from the 6th graders
- 21 23 We are e-Twinning Kateřina Göldner
- 24 Daily Dose of Random Nonsense Yaman Güngör
- 25 26 You've got mail from the next school Justýna Šafaříková

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### Longing for Christmas

We have seen the snow before Christmas and built a couple of snowmen but still Christmas time without snow can only be described as "something is missing". With all our hopes of having snow, fingers crossed, wishes made, Christmas trees installed and decorated in our houses, countdown saying only a couple of days left to open the presents, enjoy the company of our family and beloved ones, we prepared our issue with a lot of Christmas spirit and colours.

We are welcoming new individual writers and writer-teams in our December issue, being the last one of the year but bearing the intention of leading to new beginnings.

We hope you enjoy this issue saying goodbye to 2021 with bittersweet memories and looking forward to new ones to come in 2022.

Merry Christmas to all and may all your wishes come true this year!





#### How does it affect our lives ?

It steals our minutes and hours. When we don't have a mobile we do something good. I don't know if I should run, go to the shop or something. But with mobile we don't have ''time'' to do it.

#### Why do people spend more time on the internet ?

Because there are lots of applications on mobile, we do everything on mobile. You can send messages, order pizza, talk to someone, buy something from an e-shop and more.

#### How will it affect society?

It will affect society in many ways. People can now chat by just tapping on a screen. People can now call everywhere. People can do almost everything only

because of the internet.

#### How does it change our perception of reality?

It changes our perception a lot. We are slowly going into the cage of the internet. If we use the internet too much, we will be socially useless.

## How does it affect adults and children? Are they affected in the same way ?

It affects children a lot, adults too. Parents use phones to entertain their children so they don't have to play with the child (not good). Adults are affected too, now they can do a lot of stuff on the phone. They are affected in the same way I think..



#### Should parents limit their children's use of the internet?

Of course they should limit. Being on the internet too much it's not good for your health. It is also not good because of internet threats that children can easily fall for.

#### Is it the beginning of a new era?

Definitely, yes.People invent new things such as electric cars. Soldiers in the US have Augmented Reality. This is only the start of something big.

#### What about reading and learning activities?

We should read and learn and we can learn from the internet but it's not 100% true, like on wikipedia everyone can edit everything. It's better to learn from good old books. Reading is good for expanding our vocabulary. We can read e-books. and save space. We still need to read books. .

## How should we change or adapt the education system according to the new technology ?

We can use the internet for learning. We can use so many portals for learning. We should use more technology in schools, work, and home.





#### CHRISTMAS STYLE

Today we will talk about Christmas outfits. We will start about what we and our family will wear and we'll have a different idea for you at the end.

We usually wear formal clothes to Christmas dinner, something like a dress or skirt, suit etc. so we would recommend that to you, too, but everyone has their own style so we don't want to be bossy to you! This year will be wearing red, totally top in trend and a pinch of green won't hurt either.

If you'd like to go crazy with your outfit this year, we have something perfect for you: wrapping paper dress!! Look at the photos for inspiration. Why not? Give it a shot and tell us about what your family and friends say about it.

We hope you like this idea and we wish you a very MERRY CHRISTMAS!





# MUSHROOMS W



1. We draw a leg and part of the hat.



2. We finish the hats with details and draw lines like ridges on the inside.



3. Just equip and we are done.



ESTER BOKOROVICSOVÁ



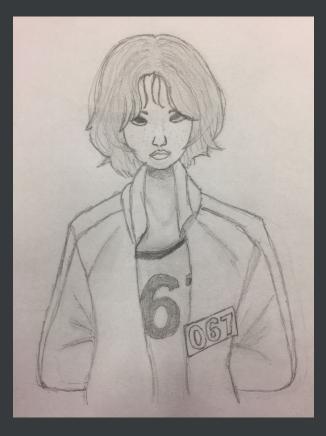
Squid game is a new Netflix serial made in Korea that came out on September 17 2021. It's very famous nowadays.

It's about people with money problems. They play the games they had played as children. I don't know some of the games because they are from Korea.

There are 456 players and only one of them can win the games which gets serious here: if they lose, they die. The prize is 45.6 billion wons.

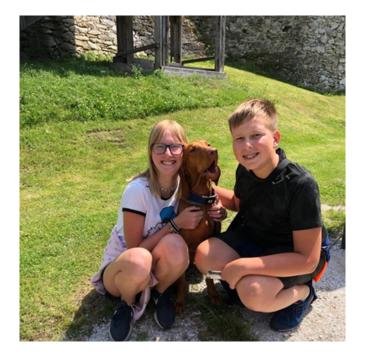
The main character is Seong Gi-hun, but my favourite is Kang Sae - byeok so I drew her.





# sister+ brother

ADÉLA & ŠTĚPÁN PILAŘOVÁ PILAŘ



Hi, we are Adéla and Štěpán. We are twins. We go to the same class, 8.B. We've been together at school since the first grade, but does it have any advantages and disadvantages? Yes, it certainly has some advantages and disadvantages.

We have the advantages of spending a lot of time together and helping each other. It's really good to have a close person with whom you spend the whole day, the whole week, the whole month... However, it also has some disadvantages. It is sometimes annoying when you spend all your time with that person. You start to annoy each other and make fun of each other, there can even be some small fights! We have a lot of ideas about annoying each other:)

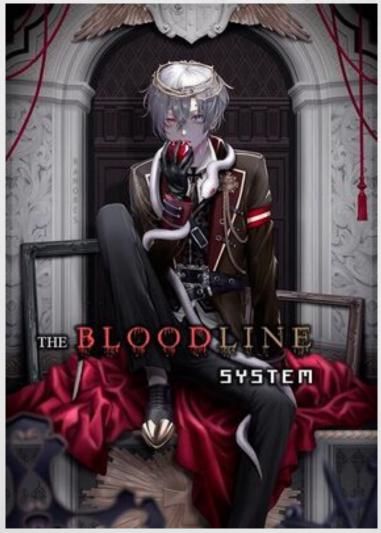
There is also the disadvantage of being in the same class, too. Sometimes it is really difficult. If one is more popular and the other not so much, then we can get a little sorry about it if we don't want to embarrass the other.

The second disadvantage about school is mainly cheating/copying things. If we explain something to the other, then copying is very easy for the one who listens to it. Sometimes he is just writing a task and he doesn't care if he has the same mistakes or the same answers. He says "It doesn't matter anyway. It will get done, right?"

To sum it up! To have your twin in the same class is rather bad and most importantly very annoying:)







This book is named The Bloodline System where in the future timeline, the earth was visited by a species known as the Slarkovs. These species were the same as humans except their superior Technology that helped them create unknown power that made them more powerful than humans. This power was able to be absorbed into every human but, some humans were more powerful than others even though everything they did was the same.

The story is about a 15 year-old boy named Gustav who after absorbing this power gained strength, which was extremely hard to control, but was unparalleled among everyone. Gustav was an orphan, but after being able to absorb so much power he was sent to the Academy to be able exert his power to maximum. Of course, he was able to meet tons of problems not only with his peers, but with his professors.

The story is very peaceful and more like a comedy genre and it was a lot of fun reading it. Only at the end of the book there were some life-or-death fights with other powerful ones. I really enjoyed this book so I'd recommend that you read this book, too.

#### AICHAL SEKERA

# Interview

## **WITH** Miroslav Sekera

Hello to all readers. I also greet Mr. Miroslav Sekera.

"Hello."

I have some questions for you.

"Well, I'm looking forward to it."

My first question is, have you ever played a musical instrument?

"Yes, I have."

And what was it?

"Violin and piano."

Oh. Do you still play those two instruments?

"No, I only play the piano now."

I heard you were in Amadeus, is that right?

"Yes, I played in Amadeus and that was when I was seven years old."

Well, now you've taken another question away from me, but never mind. My next question, can you say the name of the director?

"His name was Milos Forman.

" What musician do you play with the most?

"I play with Pepa Spacek."

And that's enough for today, and I say goodbye to Mr. Miroslav Sekera.

"Goodbye.





NDŘEJ (OPČAN

# HOW CAN WE HELP THE HEALTHCARE WORKERS AS A VOLUNTEER?

My mum Monika wanted to help with healthcare at this time so she enrolled in a vaccination center where she underwent training and could start working there.

"It was a big change, between my previous job and this, but there are differences between each profession" she says.

#### What measures do you think healthcare would help?

"I think that mainly risk groups should be vaccinated. In addition to that, calling GPs to provide information for infected people and, if necessary, to treat them."

#### How can a person who does not have experience in healthcare help?

"They can do something like me, sign up for a vaccination center, go through training and help with organizational matters. I wasn't a medic either. But most importantly, everyone should be considerate and responsible. Spending time outside, breathing fresh air helps your immunity."





# PERSONALITY TYPES

ESTER BOKOROVICSOVÁ LEA BENEDOVÁ EMMA FILIPI

There are 16 personality types but you can be something between. It's separated into four groups. Analysts, diplomats, sentinels and explorers. I usually met diplomats and sentinels.

diplomats sentinels analysts explorers - virtuos - architect - advocate - logistician - defender - meditator - adventurer - logician - commander - executive - protagonist - entrepreneur - debater - campaigner - consul - entertainer

Some people trust in astrology and crystals. I have some friends that know so much about crystals and astrology signs. Crystals act as a power that exposes bad energy, and they work by channelizing your energy levels. One of my friends told me if I trust in it and manifest, it may work.



#### How do our personalities evolve as we grow up?

People become more extraverted, emotionally stable and agreeable as they grow older. Some individuals might change more than others, but in general the maturity principle applies to everyone. It evolves from the way we were raised, how we were treated and with who we were in contact (family, friends,...)

#### Can we/others change our habits or personality?

Habit - It is possible to make a plan on how to change a habit. We can devise a new routine to replace the old one when the cue occurs, a routine that will achieve your desired reward. Then discipline yourself to implement the plan for as long as it takes to remold your brain's habitual response.

Other people can also help with it.

Personality - A basic personality type cannot change but you can change the aspects of your personality that you are unhappy with.

Some people can have a good/bad effect from how they treat you knowingly/unknowingly. From any type of action your personality can change either from trauma or a good memory.

Do people know their actual personalities themselves or only our friends and family can know us well? My teacher says "You are a good leader, a very responsible student. You have a good relationship with your friends and you want to be successful"

My mom says "You are clever and kind. You have a talent for drawing. You are a good leader and I love you"

My friends say "You are a good friend, sometimes shy but you are clever, kind and you are fun."

I agreed with the teacher when she said I was a good leader because my mom and my friends say so too.

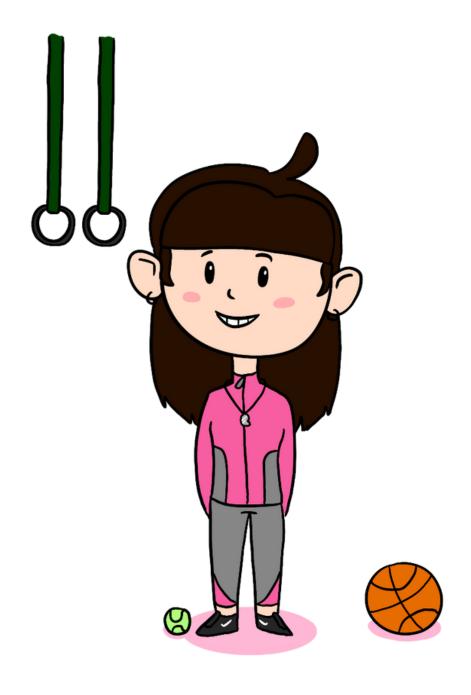
I think I am sometimes shy as my friends say.





# CARICATURE OF TEACHERS

WHO IS SHE?



# EMA KOPECKÁ

# UNUSUAL ANIMALS TARDIGRADE

Tardigrades are the most durable animals on our planet. They live in all environments. In deserts, on glaciers, in forests,... Tardigrades can survive everywhere, even in the least favorable conditions. It brings itself to a state called anabiosis which allows it to withstand extreme drought, pressure, noxious fumes, radiation, etc...



110 species of tardigrades live in the Czech Republic. Tardigrade has 8 limbs with claws which look like thorns. They suck food through their tube-shaped mouths. They are half a millimeter in size. The smallest Tardigrade in the world is Macrobiotus hufelandi.



**Typical problems are** not truly listening, assuming you know the message before the person finishes, Interrupting the speaker, using "you" statements instead of "I" statements, letting your emotions dictate your response, failing to account for cultural differences in communication, misinterpreting the message, being indirect, attacking character rather than behavior, avoiding different conversations.

#### What to do when you can't get friends?

You can find a lot of people on internet, gym, school, clubs, concerts, dog parks, hiking, on a trip, protests, dance class, museum, video games, cinema, library, army, aStRoWoRLd,bars, stadiums, bookstore, illegal street race,

#### What to do when you can't get friends?

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You shouldn't lie about your personality when you are introducing to some new people you don't know and would like to talk to. Don't start rumors about your friends. But you shouldn't be too nice to them because they can use you.





#### Antonín KOUŘIMSKÝ & Václav ZDRAŽIL

A lot of people care too much about their looks, but in my opinion it is not that important. I think the most important thing is how people communicate with others. Their feelings or how funny they are the things that make a difference. We are going to discuss the fashion pollution relationship.

Pollution is a big problem in our world. It makes our world look bad and kills a lot of animals.

#### How do the looks affect us, and our relationships?

Looks aren't, infact shouldn't be, important. It's all about how you show yourself to others, how you feel, how funny you are, how friendly you are...

#### Are looks important? Should we take care of ourselves, why?

Of course, you should take care of yourself, you need to learn how to take care of yourself. Nobody will take care of you, but you.

#### What about modern times and before?.

These days beauty and style evolved from overcoats, coats and hats to T-shirts, shirts, jackets, caps.

#### What did people think about other people's styles then and what do they think about it now?

Back in the 20th century people usually thought that people without money and their styles were ugly and bad. We have the same problem today like back then and it's not been fixed yet.

#### The connection between pollution and fashion?

Both of these make our world look bad both fashion and pollution. We consume too much and we are polluting the environment. Our oceans are already full of plastic. We produce too many clothes and they somehow cause global warming.

#### Is there a way to improve it?

There is a way to improve it. We can eat healthy food, do sports and consume less.



# Weihnachten in Tschechien vs. Weihnachten in Deutschland

Kristýna HLÔŠKOVÁ

Weihnachten ist ein christlicher Feiertag. Der Hauptfeiertag ist am 25 December. Während dem Weihnachten machen Menschen viele Tradition. Zum Beispiel schmücken den Weihnachtsbaum und singen die Weihnachtslieder. Bereits im 2. Jahrhundert n. Chr. wurde Weihnachten gefeiert. Wenn Weihnachten ist, sehen die Leute die Filmen oft an. Heute gibt's viele Filmen, die über Weihnachten sind. Zum Beispiel mein Lieblingsfilm ist Krampus. Weihnachten ist ein Lieblingsfeiertag, aber weisst ihr, wie in



Tschechien und in Deutschland die Weihnachten gefeirt werdern und welche Unterschiede sie untereinander haben? Nein? Also ich stelle es euch vor!



#### Weihnachten in Tschechien

Weihnachten fängen bei uns mit Advent (Vorbereitung auf kommen des erlösers). Am 5. Dezember kommt hier Nikolaus, Engel und Teufel. Ihre Aufgabe ist Obst oder Schokolade guten Kinder zu geben und die schlechten Kinder zu die Hölle nehmen. Am Dezember sind oft Märkte (dies wurde aus Deutschland übernommen). Am Ende der Adventszeit bäckt man Weihnachtsstriezel und schmückt man den Weihnachtsbaum. In Tschechien feiert man den Weihnachten am 24. December. Bis

Abend darf man nicht essen. Wenn man es aushält, kann man das goldene Schweinchen sehen. (Ich habe es niemals gesehen, weil ich immer Hunger habe). Am Abend isst man Abendessen. Bei uns isst man Fisch, Schnitzel und Weinbratwurst mit Kartoffelsalat. Und dann geht man die Geschenke auspacken. Bei uns bringt Geschenke das Christkind.





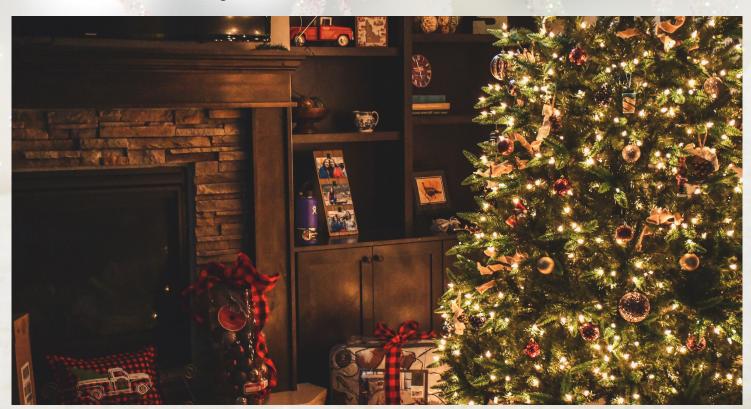
#### Weihnachten in Deutschland

Gleich wie bei uns feiern die Deutschen Weihnachten am 24. December. Den meisten Deutschen bringt das Christkind die Geschenke, aber in manchen Bundesländern kommt der Weihnachtsmann. Er hat rote Haare auch Barthaar, einen langen Mantel und er reist im wilden Wind, Zum

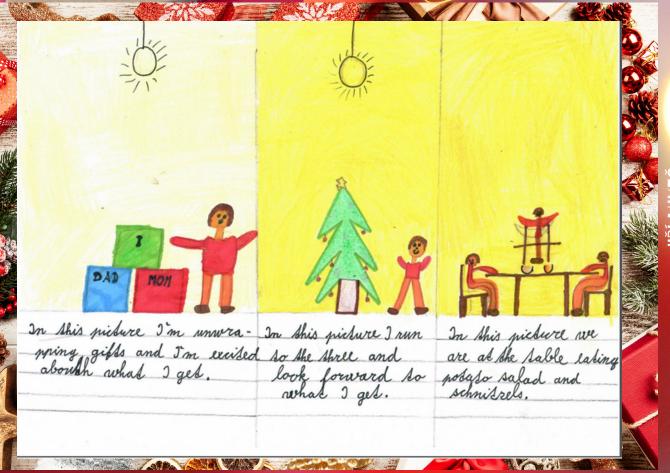
Abendessen essen sie Gans, Ente oder Bratwurst mit Kohl und Knödel und sie trinken Wein und Bier. Sie backen Weihnchtsplätzchen. Die besten deutschen Weihnachtsmärkte sind in: Dresden, Norimberk, Regensburg, München, Görlitz, Weiden und Frankfurt. Das beliebteste deutsche Märchen ist wie in Tschechien Drei Nüsse für Aschenputtel.



Ende Das Weihnachten ist ein Lieblingsfeiertag. Menschen sind mit Familien und relaxen. In Deutschland als in Tschechien sind Weihnachten gut. Beide Länder haben bezaubernde Weihnachten.



# MERRAS from Oth graders





At Christmas my family often

goes to the mountains. We are

active there, we ski and hike. In

active there, we play board

the evenings, we play board

the evenings, we play board

games. We don't watch TV. I

games. We christmas.

Iove our Christmas.

Stěpán KULICH



I spend every Christmas with my family. I have dinner at my grandparents'. I am looking forward to Christmas. I want some clothes and a monitor. Adam VRANÝ





WE DON'T DECORATE THE CHRISTMAS TREE UNTIL THE
CHRISTMAS DAY INSTEAD, WE HAVE THESE BRANCHES
THROUGHOUT ADVENT. WE BOUGHT THE DECORATIONS FROM THE
CHRISTMAS MARKET.
ELIŠKA CHUMLENOVÁ



# We decorate the house every year. We bake Christmas cookies. And then we look forward to the presents. Kristýna PODLIPSKÁ



#### CARTE POSTALE

At christmas, we decorate the christmas tree, prepare christmas dinner and put presents under the tree. We always bake a lot of cookies for Christmas that last until Easter. The whole big family meets at grandma's on December 26.

Anna Markéta SOPKOVÁ



Our family bakes gingerbread every year. Then we decorate them. We always celebrate Christmas together.

Eliška TůMOVÁ



# we are e-twinning

PENFRIEND PROJECTS BY KATEŘINA GÖLDNER

English should "Learning exhilarating experience. The best way to practise your English and get engaged in learning different cultures at the same time is to have a pen friend peer in a foreign country. Thanks to an e-Twinning project, our 2nd and 3rd graders (2A, 2B, 2C, 3A, 3B) have found partner classes in Spain. Their friends are from Barcelona, Getafe (Madrid) and Girona."









Marta Ruiz Serodio

We are looking forward to our friends' letters. Here there are some of the cards we sent to Czech Republic.





2

#### Marta Ruiz Serodio

We have started preparing our letter exchange. Today we have written the letter with some information about us.

All the students are super excited!



I'M BEN'TA, I'M 9 YEARS OLD.

LLIVE IN BRADLEC.

I AM FROM THE CZECH REPUBLIC.

I LIKE TURTLES.

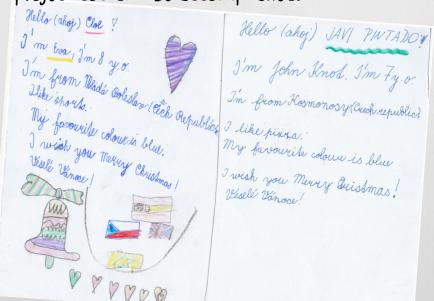
MY FAVORITE COLOUR IS PURPLE AND BLACK.

MY FAVORITE NUMBER IS 26.

VESELE VA'NOCE

MERRY CHRISTMAS

"They started their friendship by creating christmas letters, but we have plans to carry out some online meetings and participate in more exchanges eg. via email. The letters were written during the English classes and the drawings done in the art lessons. My enormous thanks goes to all class teachers. Without their involvement and immense devotion, the project couldn't be accomplished."



I am Seven pears old.

My fauvarite Colonis town quaise

I have got 2 brothers

Tive in Premia de dalt

I like Skating

MERRYCHRISMAS

Hello I hear

MY mame is Elisabet

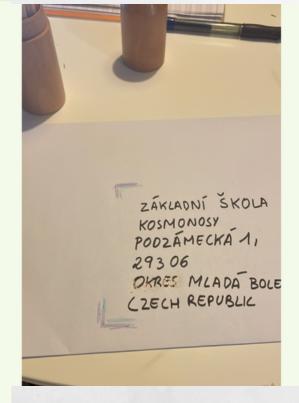




un evening



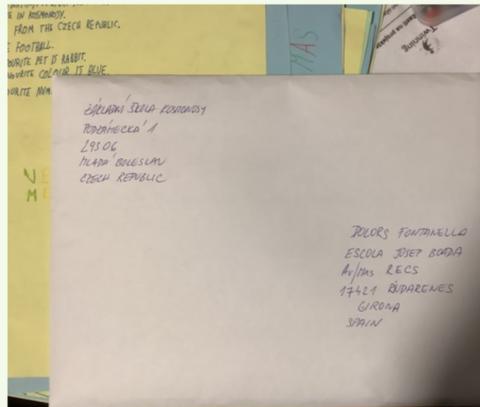






## Katerina Havlickova Goldner letters are ready

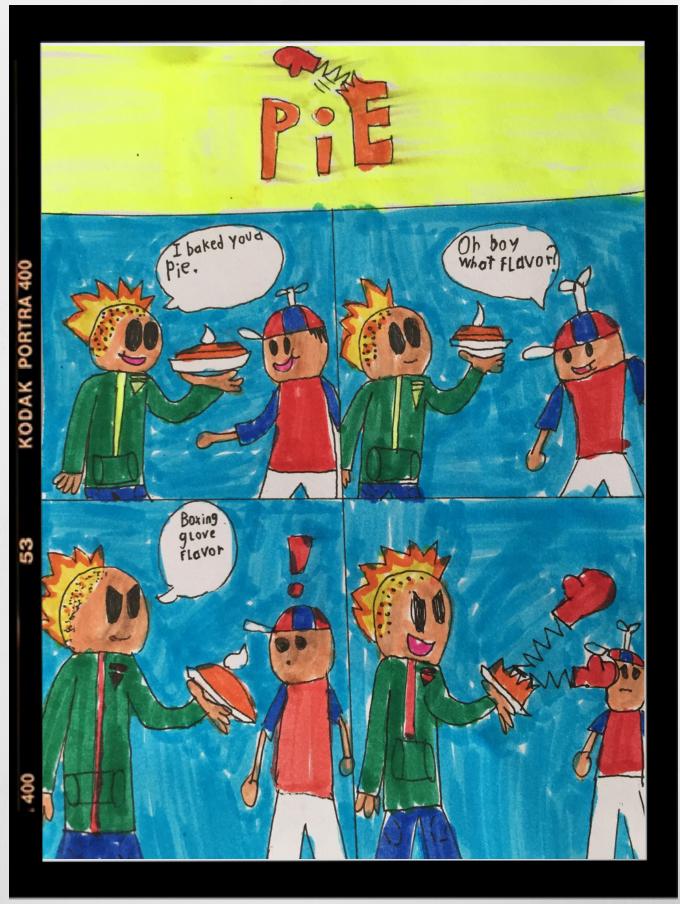






"There is no need to describe the super excitement of our pupils after receiving the letters from their new friends."

# DAILY DOSE OF RANDOM NONSENSE



#### You've got mail from the next school

Dear former schoolmates

I hope you are all doing great, because I'm doing great as never before and I know that lots of you waiting and preparing for entrance exams, so here I am to give you some tips and advice, First of all I'd start with some tips that helped me with preparation for entrance exams.

#### Try to do tests from past years.

At the beginning, I was doing them without a time limit and after a couple of tests I set the time limit (which is when you're going to have the entrance exams) and then I started doing it to see if I was able to do it even within a shorter time.

#### Give yourself breaks.

Breaks are important too. You need to regenerate your brain cells and other parts of your body. I know it's hard sometimes, but when you feel like you can't focus, give yourself a little break and do something else for a while. Most of the time it helped me then I was able to figure out the things i couldn't before.

#### DON'T CHEAT!

Cheating is always bad, but in this case you're only fooling yourself because when you take the exams you are there on your own. So be careful about cheating while you practise.

#### Don't be afraid to ask for help

From my experience when I asked teachers, they always helped me, so don't be afraid to ask for help. Remember not to be mad at them when they give you extra work/practice for the entrance exams, they're doing that only for your good. I got uneasy then too, but nowadays I'm thankful for everything because it helped me a lot.

#### DON'T study one, two days before entrance exams.

Trust me, I have experience with it and I don't recommend doing so. I was studying two days before entrance exams and I was so stressed out and panicked that I wouldn't be able to do it and I didn't remember anything. I almost went crazy so my parents told me: "You have to stop studying, because you won't learn anything anymore and you're just getting more stressed." So I want you to remember this advice.



As for what's going on in my new school and what differences there are between primary school and high school...

So, with a calm heart, I can tell you that choosing this school has been one of my best decisions so far. I've been in high school almost half a year now. Time flies so fast that I can't even remember the time I was finishing the 9th grade.

I was scared and nervous at the beginning because of the new environment and new people. I didn't know anybody, but after a couple of days during the adaptation stay, I found out that our class was full of amazing people. Of course, sometimes it's hard and you know it's a high school, but it isn't that scary at all. All you have to do is to be prepared and study and it is nothing different from primary school.

How you prepare and study for lessons is only up to you. None of the teachers decide if you have your textbooks/notebooks or if you're ready for lessons or not, it's your problem not theirs. They're preparing us for the university because at university we're going to be on our own.

High school isn't that terrible as some say. It's the next stage of life and it's necessary to go through it with optimism.:)

So, that's all for now. I hope this helped a little. I wish all of you lots of success and hope that you'll enter your dream high schools.

Remember: BELIEVE IN YOURSELF! You can do this!!! <3

#### Tustýva šafaříková



